

The following are excerpts from *Queer: The Ultimate LGBT Guide for Teens (First Edition)*

Queer sex is just as natural and healthy as straight sex. And it doesn't matter that queer sex doesn't lead to reproduction (in case you were worried about that). Lots of straight sex—oral and anal sex, vaginal sex with birth control—doesn't lead to re-production either! The whole point of sex (even when it does lead to reproduction) is to enjoy each other's bodies. Queer sex is great, and there's nothing weird about it at all. ...

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Before you start having sex with someone else, you may want to have some with yourself. Apart from being fun and safe, masturbation is also a fantastic way to learn about your own body in terms of where and how you like to be touched. And because you're the only one involved, you'll rarely be disappointed! ... You may not want to have sex with 20 cheerleaders in real life, but you might still like the fantasy. You might fantasize about straight sex occasionally—even if you're gay. Some-times kids get freaked out about this and wonder if it means they're not really gay at all. Just remember that fantasies are one thing and reality is another. ...

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You might be wondering what it even means for you, as a queer person, to lose your virginity. ... The answer is: There is no answer. Or rather, it's up to you to come up with the answer. This is another great part of being queer: You get to decide what sex is to you. You also don't need to play into any pre-established gender roles regarding your sexuality. You get to make up all of your own rules.

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...some people think they need to have queer sex to be sure they are queer, but it's not true. You'll know you're queer by what you feel inside and by who you feel attracted to—not by what you do when you're naked. Lots of people know they are queer from the time they are very young—like 10 years old—and you can be sure they aren't having a lot of sex then! Doing it with someone of the same sex doesn't prove someone is homosexual or bisexual. Wanting to be with them or simply imagining a happy life together would be better indicators. ...

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Genital stimulation can come from any body part. You can use your hands or hips or feet, or you can rub your private parts on someone's thigh, arm, butt, genitals, ankles, wherever. ... You may stroke his penis, insert fingers into his anus, or insert fingers into her vagina. ... It's all sex, it feels really good, and the best part is there is a decreased risk of spreading sexually transmitted infections when all you do is touch and rub. ...

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Oral sex is when you put your mouth on your partner's genitals. For guys it's called fellatio or "giving him a blow job." For girls, it's called cunnilingus or "going down on her." There's no one way for oral because everyone likes something different. Using your tongue is usually a good thing. Teeth, not so much. ...

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Any kind of penetrating sexual activity involving the anus is typically called anal sex. This can involve penetration with the penis, fingers, or a sex toy. ... Sex toys for anal penetration made of silicone are best... With any kind of anal sex, go slow, re-member to use plenty of lube...

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[Vaginal sex] is when a penis, finger, or sex toy is inserted into a vagina. Some lesbians enjoy vaginal sex with dildos... Lots of gay male kids experiment with vaginal sex as well to see if they like it.

SOURCE: Belge, Kathy & Bieschke, Marke. (2011). Chapter Seven—The Big “S”: Queer Sex. In *Queer: The Ultimate LGBT Guide for Teens* (First Edition). San Francisco, CA: Zest Books.